INTERNATIONAL YOGA DAY

Yoga is Medicine for Your Soul

21st JUNE, 2019
CELEBRATIONS OF 5TH INTERNATIONAL YOGA DAY BY MWCD

On the occasion of 5th International Yoga Day, 2019, Smriti Z Irani, Union Minister of Women & Child Development performed yoga at Raj Nagar, Dwarka, New Delhi.
Ms. Debasree Chaudhuri, MOS for Women & Child Development practiced yoga along with officials of MWCD, NIPCCD, RMK and CSWB on 21st June, 2019 at NIPCCD, New Delhi.
CELEBRATIONS OF INTERNATIONAL YOGA DAY, 2019 IN STATE SOCIAL WELFARE BOARDS
Indo Trust, Family Counselling Centre located in Peramballur, Tamilnadu conducted an Awareness Programme on Women Rights, Women Empowerment, Domestic Violence Act, 2005, Women Helpline 181, Child Line1098, Senior Citizens1253 etc. The programme was organized for the students of Government Arts & Science college at Veppanthattai Peramballur District, Tamilnadu on 21st June, 2019.

250 students took part in the programme.
World Environment day was celebrated on 5th June, 2019 by all the State Boards with an aim to spread awareness about the environment and its effects on the daily life of the people. The theme for the World Environment Day 2019 was "Air pollution". On the occasion, various activities were organized focused on reducing greenhouse effects by planting more trees, forest management, promoting coral reefs and mangroves, developing new drainage system etc.
OBSERVANCE OF WORLD ENVIRONMENT DAY AT GUJARAT

Awareness programme organized by Gujarat State Social Welfare Board at Family Counselling Centre located in Gujarat
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Gujarat State Social Welfare Board along with Family Counselling Centres planted saplings on Environment Day at Mehsana in Gujarat
OBSERVANCE OF WORLD ENVIRONMENT DAY AT MANIPUR

Awareness event organized by Manipur State Social Welfare Board at ST. THOMAS HIGH SCHOOL, Kontha, Amallub, Imphal East, Manipur
OBSERVANCE OF WORLD ENVIRONMENT DAY AT UTTAR PRADESH
Women get skill training for sustainable livelihood

Bengaluru: Times Foundation, in association with Parihar, a family counselling centre at the police commissioner’s office, organised Spoorthi, a three-day workshop — from May 30 to June 1 — to empower women and help them develop new skills for sustainable livelihood.

The support partners, Supraja Trust and Handcraft Studio Academy, coordinated with Vanitha Sahavyanni, at the police commissioner’s office and three NGOs to equip women with skills like soap-making, making quilts and bags, and tailoring.

The valedictory function, held on Saturday, was attended by over 30 women who were part of the training and dignitaries. The women said Spoorthi had given them the courage and confidence to be independent. Seemant Kumar, additional commissioner of police (east), said these stalls have a lot of socio-economic significance, they are helping women lead independent lives. Venkata Basawalingaraju, chairman of Karnataka State Social Welfare Board, appreciated the initiative’s holistic approach towards women’s empowerment.

Anuradha Valluru from the Times Foundation said there are plans to organise more workshops to provide financial and legal knowhow while also enhancing skills of women. Police commissioner T Suneel Kumar, Rani Shetty, coordinator of Vanitha Sahavyanni, and Geetha Velapil from the Handcraft Studio Academy took part in the event.
Awareness Programme was conducted by Vijaya Mahila Mandali, Family Counselling Centre, on Prevention of Child marriage. The programme was organized on 26th June, 2019 at Urban ICDS, Nandyal, Kurnool district. Sri Raghavendra, SDPO, Nandyala, Smt. S.Vidya Rani, APO, Smt. Nirmala, Advocate, Smt. Vijaya, Supervisor, ICDS, SHE team graced the occasion.

Around 75 Anganwadi workers attended the event.
On the occasion of WORLD DAY AGAINST CHILD LABOUR, My Choice Foundation, Hyderabad, Operation Red Alert Scheme and Sangati FCC, Belagavi jointly organized an Awareness Rally on Eradication of Child Labour. Students of Govt. School, Kolavi Village, Gokak Block participated in the rally.
Nari Sewa Samiti, Family Counseling Center organized Medical Health camp in coordination with Rotary Club, Golaganj, Lucknow, Uttar Pradesh on 15th June, 2019. Along with this, FCC counsellors conducted a workshop on Domestic violence, Beti Bachao Beti Padhao & other related issues.
Telangana State Social Welfare Board organized an awareness Generation Programme on 26/6/2019 at Medak, Around 100 women took part in the programme and the topics covered during the programme were schemes related to Women & Children, role of Family Counselling Centres, Health issues, hygiene, OSC, balance diet etc.

The programme was supported by TSSWB & facilitated by vision NGO aided under FCC.
Kajamalai Ladies Association FCC, Trichy and Chennai PCVC conducted an Awareness Programme on Prevention of Domestic Violence and Sexual Harassment. The event was organized on 13th June, 2019 at Vasavi Vidyalaya.

48 Students participated in the programme.
An Awareness camp was organized by Aruna Bharathi Mahila Mandali, Andhra Pradesh, FCC at Yemmiganur, Kurnool Andhra Pradesh. Topics like laws pertaining to women and children, good touch and bad touch, pre-marital counselling and role of teachers and school management, 112 app and its importance, ICDS activities were covered during the camp.
Cendect, Family Counselling Centre conducted an Awareness Programme on Stress management and also, Good touch & bad touch. The programme was organized for the students of 6th to 9th Standard at Government Higher Secondary school, Koduvilar patti Theni district.